

Guard of Honor

FEBRUARY 2024 Newsletter

Dear Honor Guard friends,

The Nativity celebrations have barely ended when we already arrive at the time of Lent. Paradox of liturgical celebrations which invite us to joy, then to greater inner contemplation. We can see there the symbolism of the pains of the Passion then the joy of the Resurrection! Basically, it is nothing other than what we all experience in our lives: alternation of consolations and desolations... Our paths are not long, quiet rivers. Following the example of our Lord who withdrew alone into the desert or on the mountain to experience an interior dialogue with his Father, we too are invited to withdraw from time to time to recharge our batteries. This is what our founder is inviting us to do this month!

Well in communion with you all,
Geneviève Vignes,
Coordinator for Headquarters

The lonely soul in Jesus

Solitude is the virtue of the strong! It is also, said St Bernard, the paradise of saints. Certainly it is not a question of solitude suffered but rather of solitude chosen. It is good for our spiritual growth to withdraw from the vain distractions of the world, to avoid useless and often sterile conversations and also to flee from ourselves through too much self-care, selfish worry... Let us flee into the desert from time to time because that is where the manna from Heaven falls.

Far from this agitated world both inside and outside ourselves which absorbs us so much, let us enter the desert, let us ascend into the Bosom of God and there, hidden in the hollow of the Heart of Jesus, let us let him work the little miracles that he will not fail to do in our soul if he finds it alone, available to grace! Let us get into the habit during our hour of duty, of having this time of interior retreat, of remaining quietly in his presence, as silent as possible so that Jesus can speak to us from Heart to Heart. (According to the 1st series of zealot posts written by Sr Marie du Sacré Cœur Bernaud) "Your Heart, O Jesus, will be the sanctuary where I will live peacefully, in love and alone. »

*SAVE THE DATES:

*Half-day Recollection at St. Mary's Parish – April 13, 2024. *Guard of Honor Retreat – September 13-14, 2024
*Jubilee Celebration – 350th Anniversary of the Apparition
Of the Sacred Heart of Jesus to St. Margaret Mary Alacoque
- June 7, 2024 @ Star of the Sea Parish

Some main festivals of the month: February

2: Presentation of the Lord in the Temple
(1st Friday of the month dedicated to the Sacred Heart
9: Blessed Anne-Catherine Emmerick
11: Our Lady of Lourdes

14: Ash Wednesday
18: St. Bernadette
20: St. Jacinta of Fatima
22: Chair of St. Peter
18 & 25: Sundays of Lent

Guard of Honor of the Sacred Heart of Jesus ~ Vancouver

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