

Guard of Honor

ADVENT 2023 Newsletter

Dear friends Honor Guards,

Here we are already in this time of waiting for the Nativity of our Lord. If "Advent calendars" occupy the shelves of our supermarkets, few of them remind us that this time is above all a period of interiority where our heart goes to sleep as if to better grasp the depth of the event which is played at Christmas. Like the candles that we light every Sunday, we allow ourselves to be penetrated little by little by the mystery of the Nativity.

It is also a period of refocusing, of taking stock of the year... "am I adjusted to the Will of God?" This is what our founder is asking us this month.

I wish you a holy Advent season, may the Lord fill each of his blessings.

Well in communion,
Geneviève Vignes, Coordinator for Headquarters

DIVINE WILL

Each of us has our own program adapted to our personal situation: whether we are active or retired, secular or religious, our schedule is determined. But are we in the Will of God? This Will is manifested to us by the commandments of God and the Church, by the voice of superiors, by our state duties and by providential events. If the road is wide open for everyone, it must be in line with the plan that God has for each person.

If, from moment to moment, day to day and week to week, we can affirm "I am where God wants me. I am doing what pleases Him," it means that our time is well spent and our salvation assured. If, on the contrary, given over to the whims of our fancies or our own will, to the inconstancy of our heart, we float with every wind and especially if we give in to sluggishness and waste the best of our days, it is then an irreparable loss: when we appear before the Lord, we will be insolvent.

No one knows the time of our big departure! Let's not wait until it's too late to order and adjust our lives, our schedules. Having decided on a balanced program, let us fulfill it faithfully. This good management of time is an excellent shield against many sins, a strength for our soul, a means of perfecting and sanctifying ourselves.

"How afraid I am, that by using time so poorly, God will not give me his eternity," said St. Francis de Sales, time flies away with frightening speed. We will never recapture the moment that just passed, taking with it a shred of our life. Let us, therefore, be vigilant and active, even in our leisure time, may everything be according to God's Will (According to Sr. Marie of the Sacred Heart Bernaud, book Holy Year of the Guards of Honor).

* We can benefit from the plenary indulgence by confessing (8 days before or after the date), by receiving communion on the feast day and by praying for the intentions of the Holy Father (+ an I believe in God, an Our Father, a Hail Mary) and/or any other prayer that springs from our heart! The Indulgence: it is a remission before God of the temporal penalty due for sins, already erased as to the fault, that the faithful, well disposed (and under certain specific conditions) receives for himself or for deceased souls (never a living one). "(Code of Canon Law of 1983, canon 992) Plenary indulgences totally free one from the temporal punishment due for sins. (canon 993).

Main holidays of the month: DECEMBER

1: S. Charles de Foucauld

1: 1st Friday of the month dedicated to the Sacred Heart of Jesus

8: Solemnity of the Immaculate Conception

9: S. Juan Diego Cuauhtlatotzin

12: Our Lady of Guadalupe

13: S. Lucia

14: S. John of the Cross

25. Nativity of the Lord (S. Albert Chmielowski – Guard of Honor

26. S. Etienne

27. St. John the Apostle (*Plenary Indulgence)

28. Ss Innocents

31. Holy Family Sunday

(3-10-17 Sundays of Advent)

27: Opening of the Jubilee Year: 350 years of the

Apparitions of the Heart of Jesus (program for this day on the Guard of Honor website: <https://gardedhonorodusacrecoeur.org>)

Guard of Honor of the Sacred Heart of Jesus ~ Vancouver

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